

	AM	PM
Monday	Kayaking, Body boarding, Climbing Outdoors, Rifles, Giant crate stack, Jacobs ladder, Cave maze	Kayaking, Body boarding, Climbing Outdoors, Archery, Leap of faith, Low ropes, Tomahawks
Tuesday	Canoeing, Rafting, Abseiling, Laser quest, Assault course, Crate stack, Team building	Canoeing, Rafting, Abseiling, Tomahawks, Assault course, Laser quest, Crate stack
Wednesday	Kayaking, Body boarding, Indoor climbing, Zipwire, Cave maze, Tomahawks, Rifles	Kayaking, Body boarding, Indoor climbing, Archery, Low ropes, Tomahawks, Zipwire
Thursday	Canoeing, Rafting, Climbing Outdoors, Rifles, Assault course, Wobble pole, Laser quest	Canoeing, Rafting, Climbing Outdoors, Tomahawks, Assault course, Laser quest, Rifles
Friday	Kayaking, Body boarding, Abseiling, Laser quest, Low ropes, Jacobs ladder, Team building	Kayaking, Body boarding, Abseiling, Zipwire, Assault course, Giant crate stack, Cave maze
Saturday	Canoeing, Rafting, Body boarding, Climbing Outdoors, Laser quest, Cave maze, Wobble pole	Canoeing, Rafting, Body boarding, Climbing Outdoors, Tomahawks, Assault course, Laser quest
Sunday	Kayaking, Body boarding, Indoor climbing, Rifles, Assault course, Low ropes, Leap of faith	Kayaking, Body boarding, Indoor climbing, Archery, Cave maze, Tomahawks, Assault course