Walesby **Training Exercises** The start and finish for Star exercise all exercises is the Each marker to be visited individually camp fire circle Return to the start after each one Cairn 15 **Distinct Tree** Magnetic Post North Cairn Course A 18 Low building E side Small building E side Course B out of bounds Cairn open land Building - N side rough open land Wall scattered trees Track Junction forest: runnable Track - E side forest: slow run Pvlon forest: walk thicket Course C distinct vegetation change 19 Thicket indistinct vegetation change Cairn cultivated land Building - E side contours Post SW side steep slope earth wall gully knoll depression; large, small broken ground Hood's pit, wet pit Cave cliff; large, small statue, cave Grid reference for site car park hedge, distinct tree SK670 702 building, ruin cairn, waterpump tower small power line large power line parking area river road vehicle track large path small path Scale 1:7,500 ruined fence 5 metre contour interval All cultivated land is out of bounds. Seasonal paths are not shown. www.noc-uk.org Vegetation mapped as between November to May Possession of this map does not imply right of access for B ased on the Ordnance Survey mapping with the permission of the Controller of Her orienteering or other purposes. Permission must be obtain Majesty's Stationary Office. © Crown Copyright. License No. 43423U. BOF Registration from the landowner. The representation of a path or track No EM-99-132 Survey update - David Olivant November 2007 Based on air photography 1954 & 1979. An OCAD map. Copyright Nottinghamshire Orienteering Club does not indicate a right of way